

## **HUMAN RELIEF ORGANIZATION (HRO)**

Registered with Securities & Exchange Commission of Pakistan (SECP), and EAD (Economic Affairs Division) HRO is a humanitarian, tax exempt, non-profit organization dedicated to the relief of human (especially orphans & widows) suffering among underprivileged people.

#### **MISSION**

The HRO Projects and Missions are to provide basic Healthcare facilities, education, capacity building, food and clothing to the less fortunate around the world who lack resources, knowledge and skills, and who are limited in obtaining the fundamental necessities for a nominal quality of life.

### **CORE VALUES**

HRO's policies, programs and practices are based on core values which declare that the needs of humanity are best served by supporting those conditions and activities that integrate service to body, mind and



"Free Eye Camp Program" Eye camp at Village Shah Maidan, near Islamabad, HRO Conducts frequent eye camps in distant areas where there are no such facilities are available.

spirit. By acting on such values, beneficiaries can be brought from a state of helpless dependence to one of personal and community independence and empowerment.

### **BACKGROUND**

Registered with Government of Pakistan, HRO is a National, humanitarian, tax exempt, non-profit organization dedicated to the relief of human suffering (especially orphans & widows) among underprivileged people especially those affected badly by Oct 2005 earthquake. All of the work has been accomplished on a totally Volunteer Basis, including the service of the director.



HRO Clinic Program: Clinic at village near Bari Imam. HRO supports and provides clinics at distant areas where no such facilities are available. These clinics provide primary healthcare facilities by qualified doctor's & Para-medical staff



HRO serves as a link to bring together those individuals, corporations, institutions and

other entities that are possessed of essential resources and good will so as to provide relief and empowerment to those beneficiary individuals, non-profit corporations, institutions and other entities who lack resources, knowledge and skills, and who are limited in obtaining the fundamental necessities for a nominal quality of life. Such necessities include shelter. health, sustenance. clothing. education viable spiritual and а consciousness, and the local infrastructure that acquires, creates, maintains and distributes these resources and empowers their local community.



HRO Clinic Program: Clinic at village Sohan (Rural Area of Islamabad). HRO supports and provides clinics at distant areas where no such facilities are available. These clinics provide primary healthcare facilities by qualified doctor's & Para-medical staff

### **LEGAL STATUS**

- Registered with Securities & Exchange Commission of Pakistan (SECP) as a Non-Profit Organization Limited by Guarantee under Section 42 of Companies ordinance, 1984. (Registration No.5900/20060901)
- Registered with Ministry of finance & Economic Affairs Division, (EAD) wing.

#### THE STORY OF HRO

In today's modern society, where people are trapped in a world of commercialism and consumerism, an organization that exists purely to serve humanity comes across as a breath of fresh air. Since devastating earthquake of Pakistan, HRO has been providing that air through numerous projects charitable conducted economically depressed areas of Pakistan. HRO helped people by participating in relief activities and starting new projects in Earthquake affected areas in emergency relief, health, education & capacity building



Medical Camp Program: HRO's Free Medical Camp at village Bagla, Dhirkot - HRO arranges frequent free medical camps at distant poor villages where no such health facilities are available.

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## **APPROACH**

HRO is operational in Pakistan to achieve sustainable social & economic development of Orphans & widows especially, in collaboration with local communities, Government & other Partner organizations. This integrated Participatory approach generates greater ownership of Programs.

#### **HRO PAKISTAN TEAM**

Keith Earl Talkington President Islamabad, Pakistan

Shaista Mushtaq Country Director Islamabad, Pakistan

Dr.Ahmed Ali Soomro Head of Programs, Islamabad, Pakistan

Dr.Babiker Ibrahim Head of Admin & System Islamabad, Pakistan

Dr. Michael Francis Froitzheim Health Director Islamabad, Pakistan

Dr. Kathy Ann Froitzheim Assistant Health Director Islamabad, Pakistan

K.M.Mohsin Program Officer Islamabad, Pakistan

Shahid Raza, Program Coordinator Islamabad, pakistan.



**Support a School:** High School at Rojhan district Rajanpur (Cyclone & Flood affected area). HRO opens new schools or assist existing schools in economically depressed areas to improve literacy rate and quality of education



Hamid Mehmood Web Master Islamabad; Pakistan

Rebecca Ghafoor Legal Advisor Islamabad, Pakistan

### THE PROGRAMMES

HRO focuses on providing basic Healthcare facilities, education, capacity building, food, clothing to orphans, widows, vulnerable and less fortunate around the world who lack resources, knowledge and skills, and who are limited in obtaining the fundamental necessities for a nominal quality of life. HRO's priority is education & capacity building, especially women's education. "But we realized that when people don't even have one proper meal, how can they worry about education?

Hence we spend time toward social welfare and health care as well." HRO Programs are based on the belief that education is the answer to most, if not all, of their problems.

Also we have to realize that we must pay attention to social welfare programs as well as healthcare programs, due to the fact that a hungry child, without proper clothes, or with a disease, cannot be in a position to acquire any kind of education. Hence it became obvious that we must provide a comprehensive solution that addresses the entire well-being of a child, his family and of a community, instead of just focus on one aspect of it.



**Support a School**: Morning Assembly of Students of School in in Rojhan (Flood & Cyclone affected area) HRO opens new schools or assist existing schools in economically depressed areas to improve literacy rate and quality of education



Information Technology Training Program: Financial & Technical assistance to acquire computer literacy and hardware & software development & Mobile phone repairing skills. HRO computer training centre at Rojhan (Flood & Cyclone affected area)



Currently, HRO works in the following major areas.

- 1. Healthcare Programs
- 2. Educational Programs
- 3. Vocational Programs
- 4. Social Welfare Programs
- 5. Disaster Relief Programs



Vocational Training Program:
Financial assistance to the under privileged to learn beneficial skills and be self reliant. One of HRO Vocational Training Centre for women in Rojhan (Cyclone & Flood affected area). The Centre Teaches tailoring & embroidery to poor women of the area aimed to increase their income

#### 1. HEALTH CARE PROGRAMS

Medical Assistance	Provide assistance for doctor visits, lab tests, surgeries and medicines to poor patients diagnosed with contagious diseases.						
Clinic Program	Establishing clinics in distant communities to provide Essential Healthcare services with community help and support.						
Hospital Assistance	Assist charitable hospitals serving underprivileged patients						
Medical Camps	Organize and support health care camps in small towns and villages to benefit the poor						
Preventive Health Care Education	Awareness of public is raised against common prevailing disease via Hygiene camps & Brochures are published to help inform and educate the poor about the causes, prevention and cure of common and contagious diseases						

#### 2. EDUCATIONAL PROGRAMS

Sponsor a Student	Tuition, books, uniforms, exam fees, stipends are given to underprivileged students					
Support a School	To open new schools or assist existing schools in economically depressed areas to improve literacy rate and quality of education					



No Orphan without Education	Financial assistance for orphans including sustenance and educational needs
Information Technology Training	Financial assistance to acquire computer literacy and hardware & software development & Mobile phone repairing skills
Disaster Preparedness Training	Train communities to respond swiftly and effectively during disasters
One Million Books	Educational books to establish libraries at economically depressed areas

## 3. VOCATIONAL TRAINING PROGRAMS

Vocational Training	Financial assistance to the underprivileged to learn beneficial skills and be self reliant						
Interest Free Loans	Breaking the cycle of poverty, one family at a time						
Career Development	Assist underprivileged graduates to get ready for today's job market						

# **4. SOCIAL WELFARE PROGRAMS**

Marriage Support for Girls	Assistance to orphans and poor girls during their marriage						
One Million Meals	Help families in extreme poverty who cannot feed their children						
Water is Life	Provide Access to Potable Drinking Water						
Farmer Assistance	Providing seeds, fertilizers, pesticides, and technical know-how so that farmers may stand on their own feet and end the continuing poverty cycle						

## **5. DISASTER RELIEF PROGRAMS**

Disaster Relief	Provide	relief	during	earthquakes,	droughts,	floods,	
Bloadter Hellor	hurricanes and other natural disasters						



#### PICTURES DEMONSTRATING THE HRO ACTIVITIES BRIEFLY



Preventive Health Care Education Program: Awareness of public is raised against common prevailing disease via Hygiene camps & Brochures are published to help inform and educate the poor about the causes, prevention and cure of common and contagious diseases.



**Support a School:** To open new schools or assist existing schools in economically depressed areas to improve literacy rate and quality of education. One of HRO operated School Announcing Annual result of more than 300 students from Grade.1 to Grade – 10. The Overall Result 81%.



## **Vocational Training Program:**

Financial & Technical assistance to the underprivileged to learn beneficial skills and be self reliant One of vocational training Centre operated by HRO for Women at Rojhan (Cyclone & Flood affected area) - Students learning embroidery in the class



Preventive Health Care Education **Program:** Awareness of public is raised against common prevailing disease via camps & Brochures Hygiene published to help inform and educate the poor about the causes, prevention and of common and contagious diseases- These events are followed by Hygiene Kits Distribution among hygiene participants this camp encourages them to participate more.



HRO is operational in Pakistan to achieve sustainable social & economic development of Orphans & widows especially, in collaboration with **local communities, Government** & other Partner organizations. This integrated Participatory approach generates greater ownership of Programs. One of HRO's Community Organization on occasion of inauguration of Vocational Training Centre for women at Sahlian, Dhirkot.



Disasters: Responding HRO to families supports displaced by emergencies or catastrophes, such as earthquakes, droughts, floods, tornadoes and hurricanes under. During the first phase of relief, the support is offered in the form of basic needs, including tents. dry ration, cooking utensils, blankets, medical attention, clothing, etc. HRO Food program for **Baluchistan** Earthquake survivors





HRO Volunteers loading truck with food for Baluchistan earthquake survivors



Vocational Training Program: HRO Vocational Training Centre for Women at village Sahlian, Dhirkot, AJK. The centre provides assistance to the underprivileged women to learn beneficial skills and be self reliant



Vocational Training Program: Hellen Vocational Training Centre in Muhalla Raja Sultan, Rawalpinid. Financial assistance to the under privileged to learn beneficial skills and be self reliant. The Centre Teaches tailoring & embroidery to poor women of the area aimed to increase their income



**Disaster Relief Project:** HRO established 3 clinics in Mardan, Swabi and Peshawar for IDPs from Malakand Division. These Clinics Provided free Primary Healthcare facilities to more than 20,000 people in two and half months.



**HRO Clinic in Peshawar:** HRO established 3 clinics in Mardan, Swabi and Peshawar for IDPs from Malakand Division, HRO Clinic in Peshawar.



HRO Clinic in Swabi: HRO established 3 clinics in Mardan, Swabi and Peshawar for IDPs from Malakand Division. These Clinics Provided free Primary Healthcare facilities to more than 20,000 people in two and half months.



HRO Clinic in Mardan: HRO established 3 clinics in Mardan, Swabi and Peshawar for IDPs from Malakand Division. These Clinics Provided free Primary Healthcare facilities to more than 20,000 people in two and half months.



HRO Food Program: HRO Provided food items (oil, Ghee, Tea etc) and non food items (Clothes) to more than 50 IDP families from Swat and currently residing in tents in Mardan, Swabi and Peshawar for IDPs from Malakand Division.



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# **Accomplishments in Pakistan**

- Completed registration with SECP & EAD
- · Introduced its mission and operations to community
- Formalized and executed the organizational infrastructure, polices and procedures
- Supported Earthquake Affectees in AJK
- Started other chapters in Pakistan Islamabad, Kashmir, South Punjab, Balochistan, Sindh
- Supported Cyclone & Flood Affectess in Sindh
- Educational, Vocational & Healthcare Projects
- Healthcare Projects,
- Social Welfare Projects



# **Future Aspirations**

- Strengthen HRO infrastructure in Pakistan.
- Support 100 students every year
- Construct 10 class rooms for schools
- Establish an Endowment (Waqf) to break the cycle of dependence on donations
- Work with community members and identify appropriate candidates for HRO advisory board as well as Board Membership
- Continue to transform HRO as a community based organization and open chapters throughout country

# Message

- A platform for all
- Get involved in global community development
- Support HRO projects volunteer & donate
- Initiate projects at the areas of your choice ~ donor specified projects
- Start chapters at various communities in Pakistan and work towards a change for betterment of humanity

# **Donations - Cash**

- Bank Details
  - Name on the Account: Human Relief Organization HRO's account #: 01-0359797-01
  - Bank Name: Standard Chartered, F-7 Markaz, Islamabad; Pakistan
- Address
  - Human Relief Organization, Office #3, First Floor, Shalimar Centre, F-8 Markaz, Islamabad, Pakistan
  - E-mail: hro.org.pk@gmail.com, Website: www.hro.org.pk